

# Method of Inhibiting Proteins to Dramatically Increase Muscle Mass and Strength

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## ABSTRACT

Researchers at University of California, Davis, have developed a novel method for increasing the rate of muscle growth after exercise by inhibiting known proteins.

## FULL DESCRIPTION

In the absence of some proteins, muscle grows twice as much as when these proteins are present. Using a knock-out mice study, UC Davis researchers have demonstrated that resistance exercise increased muscle mass by 77% in the wild-type mice, whereas muscle mass increased by 133% in the knockout mice. The data from this study concluded that muscle fibers grew more than in the wild-type in the absence of certain proteins. Since this protein can be inhibited with drugs and nutrients, inhibiting this protein using some known inhibitors could be a potential strategy to increase muscle mass and strength.

## APPLICATIONS

- ▶ Novel method of increasing muscle hypertrophy

## FEATURES/BENEFITS

- ▶ Increase the muscle mass build up from exercise.

## PATENT STATUS

| Country                  | Type          | Number    | Dated      | Case     |
|--------------------------|---------------|-----------|------------|----------|
| United States Of America | Issued Patent | 9,480,675 | 11/01/2016 | 2012-431 |

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## OTHER INFORMATION

### KEYWORDS

Sports health, Nutritional supplement, Muscle growth, Hypertrophy

### CATEGORIZED AS

- ▶ [Biotechnology](#)
- ▶ [Health](#)
- ▶ [Medical](#)
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2012-431-0

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